

Jourdan Jones

My road to Tae Kwon Do started with me having an athletic ability. I started with basketball and then I wanted to try Martial arts as well. So I did my research on Martial Arts. I first looked at Karate, Judo and Kung Fu. However, those types of Martial Arts didn't really amuse me. So I looked into Tae Kwon Do and decided it was right for me.

My first day at Tae Kwon Do was really fun. I made many friends and quickly learned more about the Martial Arts. Tae Kwon Do taught me self control, confidence, integrity, self respect and my favorite, indomitable spirit. It made me a better person in life. I learned that Martial Arts are like religion. They have the same rules like the Ten Commandments. So I follow those same rules as they are in the Ten Commandments. Tae Kwon Do is like a second family to me. I remember I used to come really early just to help instructor Geoffrey with the lower belts. If I didn't have anything to do at home I would go to Tae Kwon Do, because I always felt welcome, it was like my second home. Even though I played AAU basketball and traveled with my team, I would always keep my commitment to Tae Kwon Do, it's a part of my life.

So, I want to thank instructor Micah for teaching me how to do the poomse and in addition, thank you for being a good instructor and a good role model for me.

Instructor Geoffrey, I would like to thank you for teaching me how to do the stances, poomse's, kicks and teaching me how to do the Bo staff poomse. Also you made me work hard in everything I did and made sure that I did it right. Thank you.

Instructor Robert thank you so much for pushing me to do things. You taught me to never say never. You made me a stronger person from doing you're classes. You helped me gain confidence in myself to try different things. You taught me in Master club a lot of things like ju jitsu, kick boxing and hopkido. Without you, I would've been home playing call of duty and drinking code red mountain dew. Thank you, instructor Robert.

I want to thank my grandfather for taking me to tae kwon do and made sure I got there just in time for class. Also thank you for taking me to subway to eat before class starts. I love you.

Thank you mom for always making sure I got my homework done so I can go to tae kwon do. Also thank you for being a good mother and telling me to do the right things in life.

Dad thank you for picking me from tae kwon do. Also thank you for waking up every Saturday morning so you can take me to class.